



Personal, Social and Health Education topics – help for parents and carers

Reading a story book with your child can be a great way to get into discussing a sensitive or difficult issue.

Sex and Relationships Education

Let's Talk: About Girls, Boys, Babies, Bodies, Families and Friends by R H Harris

What's Happening to Me (Girls) by S Meredith

What's Happening to Me (Boys) by A Frith

Mummy Laid an Egg by B Cole

Hair in Funny Places by B Cole

Where Will Went by N Allen

If you are not in a position to buy these books or borrow them from a library they may be available to borrow from the school. Please speak to your child's class teacher. If you have any suggestions for other topics or books please email the office for the attention of Mrs Robertson (PSHE subject leader).