

SUTTON CE (VC) PRIMARY SCHOOL

Dear Parent/Carer,

Re: Personal, Social Health Education (PSHE) - summer term 2017 – Year 1 and Year 2

During their time at Sutton CE (VC) Primary School your child will engage in weekly PSHE lessons. As a direct result of parent feedback we have decided to share with you what areas your child will be covering each term. Therefore you will hopefully be able to support your child further at home.

Please find below a summary of the information your child will be learning about this term.

Healthy Lifestyles

To know about a range of things that help to make and keep them healthy.

To know simple benefits of regular exercise and how their body feels when they exercise.

To understand that we need food to grow, be active and maintain health.

To be able to make healthy eating choices.

To know how to make choices to promote healthy living.

Sex and Relationships

A separate letter will be sent out before the May half term holiday.

If you have any questions please see your child's class teacher in the first instance.

Yours sincerely,

Mrs C Robertson
PSHE Subject Leader