

# WEEK 1

Week Commencing: 24/9/18, 15/10/18, 12/11/18, 3/12/18

# WEEK 2

Week Commencing: 1/10/18, 29/10/18, 19/11/18, 10/12/18

# WEEK 3

Week Commencing: 8/10/18, 5/11/18, 26/11/18, 17/12/18

## MONDAY

- Main Option 1:** Chicken and Tomato Pasta Served with Garlic Focaccia  
**Main Option 2:** Vegetable Korma with Golden Rice  
**Main Option 3:** Jacket Potato with Beans  
**Puddings:** Chocolate Brownie, Fresh Fruit, Cheese and Biscuits

## TUESDAY

- Main Option 1:** Pork Sausages served with Mashed Potato  
**Main Option 2:** Cheese and Onion Pinwheel, served with Salad  
**Main Option 3:** Cheese Sandwich  
**Puddings:** Carrot & Honey Muffin, Fresh Fruit, Cheese and Biscuits

## WEDNESDAY

- Main Option 1:** Pepperoni Pizza  
**Main Option 2:** Margherita Piza (Cheese and Tomato)  
**Main Option 3:** Jacket Potato with Cheese  
**Puddings:** Vanilla Ice Cream Tub, Fresh Fruit, Cheese and Biscuits

## THURSDAY

- Main Option 1:** Roast Chicken served with Roast Potatoes  
**Main Option 2:** Cheese and Tomato Quiche with Roast Potatoes  
**Main Option 3:** Tuna Wrap  
**Puddings:** Fresh Fruit Puree Topped Yogurt with a Shortbread

## FRIDAY

- Main Option 1:** Fish Fingers served with Chips  
**Main Option 2:** Vegetable Nuggets served with Chips  
**Main Option 3:** Jacket Potato with Beans  
**Puddings:** Fruity Friday! Fresh Fruit Salad, Strawberry Mousse

## MONDAY

- Main Option 1:** Butchers Sausage Hotdog and Ketchup  
**Main Option 2:** Cheese and Tomato French Bread Pizza  
**Main Option 3:** Jacket Potato with Beans  
**Puddings:** Jam Sponge & Custard, Fresh Fruit, Cheese and Biscuits

## TUESDAY

- Main Option 1:** Meatballs served with Pasta  
**Main Option 2:** Neapolitan Pasta  
**Main Option 3:** Ham Sandwich  
**Puddings:** Chocolate Secret Muffin, Fresh Fruit, Cheese and Biscuits

## WEDNESDAY

- Main Option 1:** Mild Chicken Tikka Masala with Golden Rice  
**Main Option 2:** Macaroni Cheese served with Garlic Focaccia  
**Main Option 3:** Jacket Potato with Tuna  
**Puddings:** Jelly, Fresh Fruit, Cheese and Biscuits

## THURSDAY

- Main Option 1:** Roast Turkey served with Roast Potatoes  
**Main Option 2:** Vegetable Carbonara with Garlic Bread and Garden Salad  
**Main Option 3:** Chicken and Sweetcorn Wrap  
**Puddings:** Fresh Fruit Puree Topped Yogurt with a Cookie, Fresh Fruit, Cheese and Biscuits

## FRIDAY

- Main Option 1:** Battered Fish served with Diced Potatoes  
**Main Option 2:** Quorn Sausage Roll served with Diced Potatoes  
**Main Option 3:** Jacket Potato with Beans  
**Puddings:** Fruity Friday! Fresh Fruit Salad, Red Berry Eton Mess

## MONDAY

- Main Option 1:** Brunch Omelette, Butchers Sausage, Bacon and Diced Potatoes  
**Main Option 2:** Broccoli Cheesy Pasta Bake with Garlic Focaccia  
**Main Option 3:** Jacket Potato with Beans  
**Puddings:** Flapjack, Fresh Fruit, Cheese and Biscuits

## TUESDAY

- Main Option 1:** Beef Burger in a Bun with a Choice of Sauces  
**Main Option 2:** Mild Quorn Chilli served in a Pita Pocket with Crisp Tomato and Lettuce Salad  
**Main Option 3:** Cheese Sandwich  
**Puddings:** Chocolate Sponge & Chocolate Custard, Fresh Fruit, Cheese and Biscuits

## WEDNESDAY

- Main Option 1:** Oriental Chicken served with Noodles  
**Main Option 2:** Stir Fried Quorn pieces with Noodles  
**Main Option 3:** Fish Finger Sandwich  
**Puddings:** Apple Crumble & Custard, Fresh Fruit, Cheese and Biscuits

## THURSDAY

- Main Option 1:** Toad in a Hole served with Mashed Potatoes  
**Main Option 2:** Veggie Sausages served with Mashed Potatoes  
**Main Option 3:** Jacket Potato with Cheese  
**Puddings:** Lemon Cheesecake, Fresh Fruit, Cheese and Biscuits

## FRIDAY

- Main Option 1:** Cod Fish Cakes served with Chips and Lemon Mayonnaise  
**Main Option 2:** Quorn Dippers served with Chips  
**Main Option 3:** Jacket Potato with Beans  
**Puddings:** Fruity Friday! Fresh Fruit Salad Waffle Pot, Strawberry Ice Cream Tub

