

SUTTON CE (VC) PRIMARY SCHOOL

Dear Parent/Carer,

Re: Year 3 and 4 Personal Social and Health Education

After the Easter holiday, we will be beginning some work in Year 3 and 4 about 'Healthy and Safer Lifestyles', part of this scheme includes Sex and Relationships Education (SRE). This work forms part of an ongoing programme of Personal Social and Health Education (PSHE) throughout the school.

By the end of the unit of work, your child should be able to:

- Identify the main stages of the human lifecycle.
- Give a list of the main external parts of male and female bodies.
- Use the scientific terms *penis*, *testicles*, *breasts*, *vulva* and *vagina* and explain which parts are male and which are female.
- Explain some ways that parents/carers are responsible for babies and understand that these responsibilities are based on the fact that a baby cannot look after itself.
- Explain ideas about being grown up.
- Describe familiar hygiene routines such as brushing teeth and washing hair, and understand the reasons for doing these things.
- Explain how common illnesses such as colds or tummy bugs are spread and be able to describe how they can prevent the spread of one such illness.

We encourage you to discuss any of these areas with your children before, during or after our topic, as children and young people say that they greatly value being able to talk their parents/carers about these issues. For more information you may find this website helpful:

<http://www.familylives.org.uk/advice/>

<http://www.sexeducationforum.org.uk/resources/resources-a-z.aspx> - fact sheet

We have carefully reviewed the resources we use to support our teaching, to ensure they are appropriate to the age and needs of the children. You have the right to withdraw your child from the elements of SRE which are not included in the National Curriculum for Science. Please contact Miss Gilbert if you would like to discuss this.

Yours faithfully,

Mrs C Robertson
(PSHE subject leader)